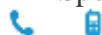


## PERSONAL INFORMATION

**ZLATAROVA, YORDANKA METODIEVA**


Agronomy Faculty, University of Forestry, 10, Kliment Ochridsky Blvd., 1756  
 Sofia, Bulgaria  
 Sports complex "Bonsist", cab.8



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Gender female | Date of birth 29.03.1960 | Bulgarian nationality

## POSITION

**associate professor**

## WORK EXPERIENCE

bi 29.04.2010 so far	University of Forestry, Sofia - Associate Professor
from 1989 to 2010	University of forestry. Assistant Professor
from 1987 to 1989	Sports association "Panichishte" in the town. Sapareva bathroom - Methodist – Organizer
from 1985 г. до 1986	splant metal structures "Kremikovtzi" in the town. Sofia - Quality Controller

## EDUCATION AND TRAINING

from 2000 to 2003	National Sports Academy "V. Levski "in the town. Sofia - PhD, Department of" Theory and Methods of Physical Education "
from 1979 to 1983	Higher institute of physical education and sport „ 'G. Dimitrov " , Sofia, majoring coach in skiing and assistant professor in physical education.
from 1975 to 1979	School of Chemistry "As. Zlatarov "in the town. Sofia - technologist inorganic and organic substances
from 1969 to 1975	primary school "Hristo Botev" in the town. Sapareva Banya

## PERSONAL SKILLS

Excellent command technique of skiing - country skiing, biathlon and Alpine skiing  
 Good prior art of tennis, swimming and table tennis

Mother tongues Bulgarian

## Other languages

	UNDERSTANDING		SPEECH		WRITING
	listening	reading	Spoken interaction	Spoken production	
enter language Russian	C2	C2	C2	C2	C2
enter language French					
	B1	C1	B1	B1	B1

## Social skills and competences

Good communication skills gained from my long work as a teacher in a high school and Methodist - organizer in sports organization. Constant communication with young people and the specific nature of sporting activities develop these skills.

## Organisational skills and competences

My whole professional experience in the field of sports activities where there is constant communication with people of different ages.  
Since 2005 I've Head of the Department "Physical Education", which contributed to the development of capacity for teamwork, willingness to take management decisions and carry responsibility and good communication with the university management

## Professional skills

\* Good job in processes quality control (now I'm responsible for the quality of education in the Department "FViS" member of the quality of education in Agronomy Faculty)

\* Internal Auditor standard "ISO- 2008"

## Computer skills and competences

SELF-ASSESSMENT				
Processing of information	communication	Creation of content	Security	Problem Solving
Freely level	Freely level	Freely level	the basic level	the basic level

## Driving of motor vehicle

Enter category, eg .:  
B

# ADDITIONAL INFORMATION

Publications	40 pieces
Conferences	26
Citing	16
Certificates	1

**Projects** "The Student Sports - Investing in the Future" - a program for the development of physical education and sport in Sofia Municipality for 2013. Participation as contractor and president of the University Sports Club LTUSPORT.

# APPLICATIONS

## selected publications

- Zlatarova, Y. (2005) Callanetics - one of the steps to slender figure, INBN 954- 332-004-7 Forestry, S.
- Zlatarova, Y., K. Tosheva (2009). Fitness for students, ISBN 978-954-332-057-8, Forestry, S.
- Zlatarova, Y. (2007). Exploring the relationship of anthropometric indicator of growth with some parameters of physical preparedness. Magazine .: "\$ Sport Science" NSA, S., special issue 1, p. 133-136.
- Zlatarova, Y. (2008). Examination of the effect of different bi nature motive activity upon the high – speed – force trening of the students. Colection,, Physical culture and sisteme education“, SWU, Bl., p. 150 – 153.
- Zlatarova, Y. (2008). The score as a reason for raising the success in the educational process in the subject „ Physical culture and sport,, at the university Colection,, Physical education in the and educational sisteme“, SWU, Bl., pp. 194 – 196.
- Zlatarova, Y., Hr. Kolev (2010). Changes in the relationships between indicators of physical development and abilities of young volleyball players as a result of implemented educational and training process. Magazine. "Sports & Science", NSA, S., ex. is. 4-II, pp. 18-23.
- Zlatarova, Y. (2011) A study on the efficiency of a set of exercises for developing flexibility of students. Colletion „Current trends, problems and innovations in physical education and sport in higher education institutions“, UNWE, S., p. 110-116.
- Zlatarova, Y., P. Grozev, Hr. Kolev (2011). Updating the scale of control and assessment of velocity and power fitness of students. . Colletion „Current trends, problems and innovations in physical education and sport in higher education institutions“, UNWE, S., p.102 - 109.
- Zlatarova, Y. (2012). Efficiency in utilizing a ski trener in physical training as a means to improve the stamina of students. Colletion „, Current trends in physical education and sport“, US, S., p.102 - 109.
- Zlatarova, Y. (2014). Assessment of the flexibility in the newly admitted female students at the university of forestry. Colletion „, Current trends, problems and innovations in physical education and sport in higher education institutions“, UNWE, S., p. 96 – 100.